

Heyer Thurnheer

Reflections

1979 - 2013

digital video, loop

notes on the text content:

The text material used for 'reflections' originally derives from a collection of process-drawings and texts of a book installation created in 1979, 'book 0-9' (to be precise: book 1, 2 and 3 of the book installation box 1 (see graphic-sheet in the cardboard documentations folder)). They are dated scripts of a still young adult in the research field of the Self and his acting strategies in whole-life design and in art, which he tries to understand in distinction to the rational work and life concept of modern and postmodern time. Knowing that important Swiss art (and also in international context) up to the 20th century in many cases was excluded and deemed synonymous with psychiatry, these self-contemplations originate from the fear of his own psychiatric exclusion and the attempt to escape from this fate by 'achieving a kind of all-over self-empowerment on oneself and the social world'. As an attempt of interpreting self, world and existence. 'Reflections' emerged over a period of 30 years in 4 steps and can be considered as a distillation process of art and life knowledge in time and space.

The concrete actions to which most of the text refers dates between 4th october 1979 and 4th september 1980: A young artist who first works in a rural area in Eastern Switzerland moves with his partner and their still small children to the more urban little town of Lucerne in Central Switzerland. There he continues his early works and recordings: whole-life management and performance and series of process-drawings, paintings and text pieces. In this 'time window' the pressure of money is tackled by a bread earning job.

In 1981, the handwritten reflections and pamphlets noted in books were transferred into a typewriter piece. In 2012, a digital film version was created. In 2013, a new text was worked out, 'Textzusammenfassung Heft 1-3', you will find it in the cardboard documentations folder, it's an arrangement and interpretation of the original text that was used for the film.

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* the following literature is to mention as background for this research-based work 'selfdesign in another modernism and postmodernism' Philosophie der Lebenskunst, eine Grundlegung, Wilhelm Schmid, ISBN: 978-3-518-28985-3. Autobiografie als Performance. Kathleen Bühler ISBN-10: 3894725206. artist-run-spaces, gabriele dettere+maurizio nannucci ISBN: 978-2-84066-512-0. Philosophie der Freiheit, Rudolf Steiner. ISBN-10: 3727400404.